

Good Food Markets are community markets that sell high quality, affordable fruits and vegetables. These markets bring healthy produce to neighbourhoods where it might not otherwise be available, and where farmers' markets are not viable because sales are too low to cover farmers' costs.

Good Food Markets feature seasonal, local produce plus imported favourites in order to offer the greatest quality and cultural value to the neighbourhoods they serve. Each market uniquely reflects its community and is a vibrant and important gathering place, providing opportunities for neighbours to meet, share information and to celebrate. Over time many markets add other features such as childrens' activities, information about social issues, bake ovens and freshly prepared foods, jewellery and clothing vendors and harvest celebrations.

FoodShare works in partnership with community organizations and neighbourhood leaders to run the markets. We pass on tools and provide training and ongoing support to community partners and residents who manage all the operational aspects of the market.

On market day, FoodShare delivers top-quality fresh produce which we purchase from local farmers and from the Ontario Food Terminal.

There are now 17 **Good Food Markets** in communities across the City of Toronto with demand for many more.

79% of Good Food Market customers come back for each and every market, which indicates just how vital they are to communities.

We have heard from market shoppers that because of these markets, 52% of adults and children are eating more fruits and vegetables, 35% prepared home cooked meals, 37% reported feeling significantly healthier, 47% said they got to know more of their neighbours and overall, 98% felt that the market had improved their neighbourhood.



GOOD FOOD MARKETS

Bringing healthy fresh affordable produce to all, helping to build vibrant communities.

FoodShare

For more information

416-363-6441 ext 227

www.foodshare.net



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Sometimes market days and times change.
For up-to-date information: www.foodshare.net,
or call us at 416-363-6441 ext 227 to inquire.

250 Davenport

Tuesdays 2 - 5 pm

(First Tuesday of month)

250 Davenport Rd. - All year

Stop Community Food Centre

Tuesdays 5 - 7 pm

1884 Davenport Rd. - All year

Waterfront Market

Tuesdays 5 - 7:30 pm

679 Queen's Quay West - All year

Women's Habitat

Tuesdays 1 - 4:30 pm

140 Islington Ave. - All year

LAMP Community Services

Wednesdays 4 - 7 pm

Lakeshore Village Park, Garnett Janes Rd. & 12th St.
Seasonal

Adanac All-Seasons Community Market

Thursdays 11 am - 1 pm

140 Adanac Dr. - All year

Madbakh Women's Initiative Market

Thursdays 1 - 4 pm

Parkette across from 49 Mabelle Ave.
Seasonal

Byng Market

Thursdays 10 am - 1 pm

3330 Danforth Ave. - All year

Firvalley Warden Woods

Thursdays 2 - 4 pm

74 Firvalley Ct. - All year

Flemingdon Community Market

Thursdays 1 - 6 pm

150 Grenoble Dr. - Seasonal

East Scarborough Festival Market

Thursdays 3 - 7 pm

4040 Lawrence Ave. East - Seasonal

Jane and Shoreham Market

Thursdays 4 - 8 pm

31 Shoreham Dr. - Seasonal

Glen Everest Market

Fridays 11 am - 2 pm

10 Glen Everest Rd. - All year

Teesdale Warden Woods

Fridays 1:30 - 3:30 pm

40 Teesdale Pl. - All year

Lawrence Heights

Fridays 3 - 6 pm

10 Old Meadow Ln. - All year

Bathurst and Finch Market

Fridays 1 - 4pm

609 Bathurst St. - All year

Thornccliffe Market

Fridays 4 - 8pm

RV Burgess Park, Don Mills Rd. & Overlea Blvd.
Seasonal