

**Good Food Markets** are community markets that sell high quality, affordable fruits and vegetables. These markets bring healthy produce to neighbourhoods where it might not otherwise be available, and where farmers' markets are not viable because sales are too low to cover farmers' costs.

**Good Food Markets** feature seasonal, local produce plus imported favourites in order to offer the greatest quality and cultural value to the neighbourhoods they serve. Each market uniquely reflects its community and is a vibrant and important gathering place.

**FoodShare** works in partnership with community organizations and neighbourhood leaders to run the markets. We pass on tools and provide training and ongoing support to community partners and residents who manage all the operational aspects of the market.

On market day, FoodShare delivers top-quality fresh produce which we purchase from local farmers and from the Ontario Food Terminal.

There are now 17 **Good Food Markets** in communities across the City of Toronto with demand for many more.

In 2008, we heard from market shoppers that because of these markets, 52% of adults and children are eating more fruits and vegetables, 35% prepared home cooked meals, 37% reported feeling significantly healthier, 47% said they got to know more of their neighbours and overall, 98% felt that the market had improved their neighbourhood.



# GOOD FOOD MARKETS

Bringing healthy fresh affordable  
produce to all, helping to build  
vibrant communities.

**FoodShare**  
For more information  
416-363-6441 ext 227  
[www.foodshare.net](http://www.foodshare.net)



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Sometimes market days and times change.  
For up-to-date information: [www.foodshare.net](http://www.foodshare.net)  
Or call us at 416-363-6441 ext 227 to inquire.

## **Agincourt Community Services**

**Tuesdays 12 - 3 pm**

331 Glendower Circt. - Seasonal

## **250 Davenport**

**Tuesdays 1:30 pm - 5 pm**

(First Tuesday of month)

250 Davenport Rd. - All year

## **Stop Community Food Centre**

**Tuesdays 5 - 7 pm**

1884 Davenport Rd. - All year

## **Waterfront Market**

**Tuesdays 6 - 8 pm**

679 Queen's Quay West - All year

## **Markham and Eglinton**

**Wednesdays 2 - 4 pm**

3171-3181 Eglinton Ave. East - Seasonal

## **LAMP Community Services**

**Wednesdays 4 - 7 pm**

Lakeshore Village Park

(Garnett Janes Rd. and 12th St.)

Seasonal

## **Adanac All-Seasons Community Market**

**Thursdays 11 am - 1 pm**

140 Adanac Dr. - All year

## **Madbakh Women's Initiative Market**

**Thursdays 1 - 4 pm**

Parkette across from 49 Mabelle Ave.

All year

## **Byng Market**

**Thursdays 10 am - 1 pm**

3330 Danforth Ave. - All year

## **Firvalley Warden Woods**

**Thursdays 2 - 4 pm**

74 Firvalley Ct. - All year

## **Flemingdon Community Market**

**Thursdays 2:30 - 6 pm**

150 Grenoble Dr. - Seasonal

## **East Scarborough Festival Community**

**Thursdays 2 - 6 pm**

4130 Lawrence Ave. East - Seasonal

## **Women's Habitat**

**Fridays 11 am - 3:30 pm**

140 Islington Ave. - Seasonal

## **Glen Everest Market**

**Fridays 11 am - 2 pm**

10 Glen Everest Rd. - All year

## **Teesdale Warden Woods**

**Fridays 1:30 - 3:30 pm**

40 Teesdale Pl. - All year

## **Peanut-Oriole Community**

**Fridays 3:30 - 7 pm**

2800 Don Mills Rd. - Seasonal

## **Lawrence Heights**

**Fridays 4 pm - 7 pm**

5 Replin Rd. - All year